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Gender-based violence cannot be fought simply by responding to emergencies. Above all, it requires prevention, education, and the development of a culture based on equality and respect.

This is why the Tina District Anti-Violence Centre works in schools, sports associations, and local communities, promoting awareness initiatives, particularly among younger generations. Our goal is to challenge stereotypes, sexism, and discriminatory behaviour, starting with the responsible use of language.

It is essential to remember that **there is no typical profile of a woman experiencing violence**. Gender-based violence affects women of all ages and social backgrounds. Recently, for example, our Centre welcomed an 86-year-old woman.

The Tina Centre provides a free, publicly funded service that women can access directly, offering support, protection, and complete confidentiality to those seeking to escape violence, whether or not they have children.

A specialised multidisciplinary team provides professional assistance and guidance. Girls aged 14 and over can also contact the Centre independently, without requiring parental consent.

The figures demonstrate just how essential this service is. **In 2025, the Centre supported a total of 217 women, compared with 171 in 2024.** During the first six months of 2026, **74 new cases were registered**, not including initial reports or enquiries.

These figures highlight the importance of strengthening prevention, raising awareness, and ensuring that support services remain accessible throughout our communities.

Fighting violence means not only protecting those who experience it, but also building a society in which respect, freedom, and dignity are guaranteed rights for every woman.